To ensure you get the most from your visit:

**Safe**
- Shetland weather can change very quickly! Always take warm and waterproof clothing. Some walks are unsuitable for poor weather conditions.
- Be careful at cliff edges.
- Be responsible for your own actions.

**Prepared**
- Not all areas of Shetland have a shop or a fuel station — check relevant area leaflets.
- At peak times North Isles ferries can be busy, booking is recommended.
- Off-road wheelchairs available from Disability Shetland. Booking essential.
- Allow plenty of time for your route.

**Considerate**
- Respect people’s privacy.
- Leave all gates as you find them.
- Use a path or track if there is one.
- Keep your dog under control, and dispose of dog dirt.
- Leave the environment as you found it — do not leave litter, or pick flowers.
- Be careful not to disturb wildlife or livestock.

Directions

**Directions given as if travelling from Lerwick. Many roads are single track — please use passing places provided. For information on public transport routes, timetables and fares contact Visit Shetland.**

**East Isles**
- **Noss**
  - Scotland-Norway ferry service summer sailable between Fryssa to Noss (late April to late August only, 10am – 5pm). No ferries to Noss on Mondays or Thursdays.
  - To Noss from Lerwick: For ferries to Noss, see Island leaflets. Visit Shetland has visitor centre.

**South Mainland**
- **Sumburgh Head**
  - Take Bressay ferry from Lerwick and follow signs to Sumburgh. Park at end of road. Walk 400m down a steep track to Noss ferry. Both ferries non-bookable. Contact SNH for further details.

**North Isles**
- **Noss (by land)**
  - Private operators run boat cruises around Bressay and Noss. Booking essential. Contact Visit Shetland for further details.

**Mousa**
- Ferry run by private operator (April to mid-September only). Booking essential. Head straight to the ABTO Turité Sandwick, follow signs for Mousa Brùch. Park at Heritage Centre next to pier.

**Shetland Museum and Archives**
Visit the five star museum and archive to find out more about our heritage and culture. Walk through Shetland’s story from early beginnings to present day in the exhibitions gallery, and find the archive libraries’ wealth of access to information. See sure to look in on the Garden, the temporary exhibitions gallery, there why not stop for a bite to eat at Hay’s Dock Café Restaurant.

Shetland’s premier attraction truly does offer something for everyone!
Hundreds of eyes are on you — perhaps bird, seal, insect or otter. So why not turn your eyes on them?

You are at one of Britain’s top wildlife destinations. Heather clad hillsides are thrashing ecosystems, fresh-water lochs are sheltered havens, chalkines are secret hiding places, and lowering cliffs are immense seabird cities.

**Go wild and get close!**

Grab your binoculars, pull on your warm coat and strong shoes, and get out there to explore!

This trail leaflet will help you select where to visit, and help you to find and identify what’s out there.

**Further interpretation is available at each site, and look out for the Guide to symbols.** These can be further explored at Shetland Museum and Archives. Also look out for SHN and RSPB bulletins on your travels, which provide further information.

**But watch out!** The more you look, the more you’ll discover!

**About this guide**

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**Sumburgh Head | Up close and personal!**

To see extreme living, get to Noss! Or move on up to Sumburgh Head for a truly dizzying sight! Best seen May to August.

Walk along the cliffs, with strong footwear recommended. Bracken cover the ground and cliffs, but with resting places. Disabled parking at car park.

A truly dizzying sight! Best seen May to August.

**Hermaness | Watch your head!**

For a challenging cliff-walk, head to Brattie. Awarded as one of Britain’s best coastal walks by The Guardian newspaper and voted as one of the world’s most beautiful coastal hikes by National Geographic and Spectacular Birds.

Map with recommended routes is provided at the car park. A truly dizzying sight! Best seen May to August.

Keep your eyes peeled throughout your visit as you may have looked after the last age. No accessible viewpoint.

**Hermaness, Noup, Laval and July Walk**

Walks will continue in the coming weeks, and will be announced by the RSPB.

**Latheronunde | A thrilling candlelit!**

Head to the RSPB hide at this park in Flaplane as it gets up to date in beautiful Red-Necked Phalarope. A rare sight of the world’s population is in search of food. Unusually the females are brightly coloured, and the males are faced with finding mates for eggs and chicks.

**Hermaness | A magical moment!**

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